

Who am I?

Your power is in knowing who you really are, and then standing in your true, divine identity. Stripping away the roles that you play in the world, your failures and achievements; at your core, who do you assess yourself to be right now?

.....
.....
.....

Who does the God of your understanding say that you are? Does this match your assessment of you?

.....
.....
.....

Release all of the judgements, characteristics and limitations that either you or someone else has heaped onto your identity. Use this space to strip away whatever you know is not the truth of you. Finish this statement, I AM not really...

Ex: Shy, bad at love, bad with money, anxious, reckless, aggressive, etc.

.....
.....
.....

Affirm and know: It is easy for me to release what does not serve me! In the space below, transform what is not the truth of you into possibilities of who you can be and write them as if they are true now."

Ex: I am not really bad at love. I am affectionate, loving, and I thrive in relationships with the right people.

.....
.....
.....

Top 5 traits and characteristics that I AM developing/nurturing now

.....
.....
.....
.....

In one year's time, three things that will be true in my life as I embrace who I truly am are:

.....
.....
.....

What do you want to do? Why?

.....

What was your greatest mistake or regret?

.....

When I am afraid or intimidated I....

.....

What is your most valued possession?

.....

What are your greatest strengths, talents & skills?

.....

What is your greatest fear?

.....

What is your greatest accomplishment?

.....

What is the one task you are least fond of doing?

.....

If you died today, what is one thing everyone who knows you would say about you?

.....

What would you want them to say?

.....

What are you most proud of?

.....

What do you need to hear from someone?

.....

What do you need to hear, from yourself?

.....